



W/C 03 February 2020: Lunch Menu

'Meat Free' Monday

Chick pea, sweet potato and cauliflower curry with rice and naan bread
Steamed jam sponge with custard

Tuesday

Honey roasted gammon with gravy, roast potatoes, carrots and green beans
(V) Vegetable Wellington, roast potatoes, carrots and green beans
Fresh cut fruit and yoghurt

Wednesday

Beef lasagne with homemade bread and salad
(V) Quorn lasagne with homemade bread and salad
Chocolate mousse

Thursday

Creamy chicken, bacon and broccoli Cumberland pie with mixed vegetables
(V) Vegetable pie with mixed vegetables
Fresh cut fruit and yoghurt

Friday

Jumbo fish fingers with chips and garden peas
(V) Spicy bean burgers with chips and garden peas
Apple crumble with cream

Saturday

Pork meatball pasta bake with crusty bread
Quorn pasta bake with crusty bread
Chocolate brownie

Sunday

Sandwich buffet

Daily selection of core items to include mixed leaves and fresh cut salad, with accompaniments, toppings and dressings, for pupils and staff to 'pick and mix' a salad of their choice to suit their own personal taste.
Fresh bread to complete the offer.
A selection of seasonal fresh fruit served in peak condition, ripened and ready to eat.
Variety of homemade yogurt pots available daily.