



# FORRES SANDLE MANOR

INDEPENDENT PREPARATORY SCHOOL



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Meal</b>	Pulled Beef & Root Vegetable Pie Or Creamy Ham & Leek Pie	Slow Cooked Shoulder Of Pork With Apple & Pear Sauce	<i>"Pasta My Way"</i> Greek Style Lamb, Spinach & Feta Or Creamy Chicken & Herb	<i>"Pizza My Way"</i> Homemade Pizza With The Following Toppings: Margherita, Pepperoni, Or Hawaiian	Battered White Fish With Tartar Sauce And Lemon Wedges	Homemade Pork Meatballs In Tomato Sauce	Grab And Go Buffet Lunch
<b>Meat Free</b>	Vegetable Pie	Bubble & Squeak Cakes Topped With Poached Eggs And Mushrooms	Mushroom & Spinach Cannelloni	Chickpea Ratatouille	Tempura Vegetables	Vegetable & Bean Pasta Bake	
<b>On The Side</b>	New Potatoes, Mixed Vegetable	Roast Potatoes, Cauliflower & Broccoli	50/50 Wholemeal Penne Pasta, Homemade Bread, Salad Pots	Parmentier Potatoes, Garden Pea, Corn On The Cob	Chips, Sweetcorn, Baked Beans	Pasta Shells, Crudité Pots	
<b>Dessert</b>	Homemade Giant Chocolate Chip Cookies	Fresh Fruit Salad Pots Or Yoghurt Pots	Syrup Sponge With Custard	Fresh Fruit Salad Pots Or Yoghurt Pots	Banoffee Cheesecake	Lemon & Raspberry Drizzle Cake	