



FORRES SANDLE MANOR

INDEPENDENT PREPARATORY SCHOOL



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Meal	Pulled Beef & Root Vegetable Pie Or Creamy Ham & Leek Pie	Slow Cooked Shoulder Of Pork With Apple & Pear Sauce	<i>"Pasta My Way"</i> Greek Style Lamb, Spinach & Feta Or Creamy Chicken & Herb	<i>"Pizza My Way"</i> Homemade Pizza With The Following Toppings: Margherita, Pepperoni, Or Hawaiian	Battered White Fish With Tartar Sauce And Lemon Wedges	Homemade Pork Meatballs In Tomato Sauce	Grab And Go Buffet Lunch
Meat Free	Vegetable Pie	Bubble & Squeak Cakes Topped With Poached Eggs	Mushroom & Spinach Cannelloni	Chickpea Ratatouille	Tempura Vegetables	Vegetable & Bean Pasta Bake	
On The Side	New Potatoes, Mixed Vegetable	Roast Potatoes, Cauliflower & Broccoli	50/50 Wholemeal Penne Pasta, Homemade Bread, Salad Pots	Parmentier Potatoes, Garden Pea, Corn On The Cob	Chips, Sweetcorn, Baked Beans	Pasta Shells, Crudité Pots	
Dessert	Homemade Giant Chocolate Chip Cookies	Fresh Fruit Salad Pots Or Yoghurt Pots	Syrup Sponge With Custard	Fresh Fruit Salad Pots Or Yoghurt Pots	Banoffee Cheesecake	Lemon & Raspberry Drizzle Cake	