

Forres Sandle Manor (Non-Academic) Policy

Policy Title	Diabetes Policy
Policy Lead (Appointment (& Initials))	School Nurse (CS)
Date of Last Review	January 2022
Date of Next Review	July 2022

DIABETES

Pupils with diabetes are welcome at FSM. They will be encouraged to take a full part in all activities in the school, including sport and school trips.

FSM will work closely with pupils and their parents and individual care plans will be drawn up and kept for each child with diabetes. Care plans will be written by parents, pupils, the school nurse, the Head Matron and, in the case of a boarder, the Head of Boarding.

Once the care plan has been written, with the pupil's permission, their peer group will be advised of signs and symptoms to watch for. All staff will also be given this information and relevant staff will receive training from the school nurse.

Staff will be given regular updates on how to manage the child's diabetes by the school nurse. A close relationship between the Matrons' department and the parent will be vital.

All staff will have access to a protocol of information on how to help a pupil who has a hypoglycaemic episode. This protocol can be found below.

Any spare diabetic specific medical devices / medication etc. will be kept in the surgery IE. insulin, glucose tablets, hypo stop, Gluco Gel, sharps box.

If the child is going off-site on an activity, staff on the trip will be fully trained by the School Nurse and supplied with anything they may need. The person who is responsible for the risk assessment for the specific trip will need to ensure at least one member of staff has received the diabetes training by the school nurse.

The kitchen staff, under the direction of Head Chef, will be kept fully informed and will play a crucial role in managing food for the pupil.

Staff will be notified of any newly diagnosed or new pupils with diabetes. An updated list of pupils with important medical needs is displayed in the staff room.

DIABETES PROTOCOL

HYPOGLYCEMIA

The danger for a diabetic is a low blood sugar level. This is caused either by too much insulin, not enough carbohydrate (missed or delayed meal) or too much exercise. The matrons department / School Nurse should be informed immediately in any episode.

SYMPTOMS

- Hunger.
- Sweating.
- Drowsiness.
- Pallor.
- Glazed eyes.
- Shaking.
- Mood changes or lack of concentration.

See the pupil's individual care plan for details of their specific symptoms.

MANAGEMENT

If the symptoms occur while conscious, give a fast acting sugar immediately. Examples include Lucozade, sugary drink, mini chocolate bars e.g. Milky Way, fruit juice, glucose tablets, honey or jam. The pupil may have their own fast acting sugar.

The pupil should recover within 10-15 minutes. They may feel nauseous, tired or have a headache.

When the pupil has recovered, follow up the fast acting sugar with some slower acting starchy food such as two biscuits and a glass of milk or sandwich.

If the child is unconscious, do not try to give anything to swallow. If supplied by the parent, Gluco Gel or Hypo stop should be rubbed inside the cheek where it can be absorbed. Place the child in the recovery position and call an ambulance.

In all instances, no matter the severity, if the School Nurse is on duty, she should be informed so she can perform regular checks on the child. If not, then the Matrons department need to be informed.