

# Menu - Week Three



FORRES SANDLE MANOR

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Soup</b>	Winter minestrone	Simple	Creamy tomato & lentil	Creamy mushroom	Curried carrot		
<b>Main Meal</b>		"Noodles Your Way" Hoisin Pork Belly Stir Fry  Panko Coated Chicken  Sweet Chilli Jackfruit	"Make it mine Wednesday"  50/50 Penne pasta with YOUR sauce..  Sausage Meat Bolognaise  Creamy Smoked Bacon  Tomato & Hidden Vegetable	Chicken Tikka Masala  Or Chargrilled Chicken Thighs  Cauliflower, Spinach & Potato Curry	"Pizza Your Way"  Homemade Pizza With The Following Toppings.....  Margherita  Pepperoni  Hawaiian	Handmade Hot Sausage Rolls  Cheese & Onion Pasties	Sandwich Buffet
<b>Meat Free</b>	<u>Proper Pies</u> Slow Cooked Beef & Onion  Creamy Turkey, Ham & Leek  Or Quorn & Barley	With YOUR Sauce.....  Sweet N Sour  Katsu Curry  Simple Tomato					
<b>On The Side</b>	Skin-On Roast Potatoes, Sliced Carrots, Steamed Broccoli	Egg Noodles, Crudités	Homemade Garlic Dough Balls, Grated Cheese, Chunky Salad	Steamed Rice,  Medley Of Vegetables,  Nann Bread	Parmentier Potatos,  Peas,  Sweetcorn	Sweet Potato Fries, BBQ Beans, Corn On The Cob	
<b>Dessert</b>	Fruity Flapjacks	Fresh cut fruit & yoghurt	Sticky Peach Upside-Down Cake With Custard	Fresh cut fruit & yoghurt	Sticky Toffee Pudding	Zesty Carrot Cake	
<b>Every Day</b>	Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt	Fresh cut fruit & yoghurt	Fresh cut fruit & yoghurt