

Menu - Week Three



FORRES SANDLE MANOR

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Winter minestrone	Simple	Creamy tomato & lentil	Creamy mushroom	Curried carrot		
Main Meal	Proper Pies Slow Cooked Beef & Onion	"Noodles Your Way" Hoisin Pork Belly Stir Fry Panko Coated Chicken Sweet Chilli Jackfruit	"Make it mine Wednesday" 50/50 Penne pasta with YOUR sauce.. Sausage Meat Bolognaise	Chicken Tikka Masala Or Chargrilled Chicken Thighs	"Pizza Your Way" Homemade Pizza With The Following Toppings..... Margherita Pepperoni Hawaiian	Handmade Hot Sausage Rolls	Sandwich Buffet
		Creamy Turkey, Ham & Leek Or Quorn & Barley	With YOUR Sauce..... Sweet N Sour Katsu Curry Simple Tomato	Creamy Smoked Bacon Tomato & Hidden Vegetable			
Meat Free							
On The Side	Skin-On Roast Potatoes, Sliced Carrots, Steamed Broccoli	Egg Noodles, Crudités	Homemade Garlic Dough Balls, Grated Cheese, Chunky Salad	Steamed Rice, Medley Of Vegetables, Naan Bread	Parmentier Potatoes, Peas, Sweetcorn	Sweet Potato Fries, BBQ Beans, Corn On The Cob	
Dessert	Fruity Flapjacks	Fresh cut fruit & yoghurt	Sticky Peach Upside-Down Cake With Custard	Fresh cut fruit & yoghurt	Sticky Toffee Pudding	Zesty Carrot Cake	
Every Day	Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt	Fresh cut fruit & yoghurt	Fresh cut fruit & yoghurt