

# PRE PREP MENU - WEEK COMMENCING 29.01.2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Chicken & Bacon Pasta Bake	Cottage Pie	Honey & Garlic Chicken	Lasagne	Fish Fingers
<b>MEAT FREE</b>	Tomato & Basil Pasta Bake	Vegetable Frittata.	Jacket Potato With Cheese & Baked Beans	Vegan Lasagne	Fishless Fingers
<b>ON THE SIDE</b>	Forcaccia  Mixed Salad	Sliced Carrots & Peas	Steamed Rice  Green Beans & Broccoli	Crusty Bread  Mixed Salad	Chips  Garden peas  Baked beans
<b>DESSERT</b>	Fruity Oaty Crumble & Custard	Fresh Cut Fruit & Yoghurt	Lemon Drizzle Cake	Fresh Cut Fruit & Yoghurt	Red Cherry Cheesecake
<b>EVERY DAY</b>	Fresh Cut Fruit & Yoghurt		Fresh Cut Fruit & Yoghurt		Fresh Cut Fruit & Yoghurt

