

# Menu – WC – 29.01.2024



FORRES SANDLE MANOR

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Broccoli & Stilton	Leek & Potato	Red Pepper & Tomato	Carrot & coriander	Sweet Potato & Onion		Sandwich lunch
Main Meal	Chicken & Bacon Pasta Bake	Cottage Pie	Honey & Garlic Chicken	Lasagne	Breaded Pollock	Chicken Sausages	
Meat Free	Tomato & Basil Pasta Bake	Vegetable Frittata.	Jacket Potato With Cheese & Baked Beans	Vegan Lasagne	Fishless Fingers	Quorn sausage	
On The Side	Forcaccia Sweetcorn Mixed Salad	Sliced Carrots & Peas	Steamed Rice Green Beans & Broccoli	Crusty Bread Mixed Salad	Chips Baked beans Garden peas	Onion Gravy Herby Roast Potatoes  Roast Peppers & Carrots	
Dessert	Fruity Oaty Crumble & Custard	Fresh Fruit Salad	Lemon Drizzle Cake	Fresh Fruit Salad	Red Cherry Cheesecake	Jam & Coconut	