

PRE PREP MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Baked Ham & Cheese Macaroni	BBQ Chicken	Beef Bolognaise	Honey Roast Gammon Gravy	Fish Fingers
MEAT FREE	Macaroni Cheese	BBQ Quorn Sausages	Vegan Bolognaise	Cauliflower Cheese	Fishless Fingers
ON THE SIDE	Crusty Bread Mixed Salad	Braised Rice Sweetcorn & Peas	Pasta Garlic Bread Mixed Salad	Skin On Roast Potatoes Steamed Greens Broccoli	Chips Garden peas Baked beans
DESSERT	Oaty Apple Crumble & Custard	Yoghurt & Granola Or Honey	Fresh Fruit Salad	Frosted Carrot Cake	Fresh Fruit Salad
EVERY DAY	Fresh Cut Fruit & Yoghurt	Fresh Cut Fruit & Yoghurt	Fresh Cut Fruit & Yoghurt	Fresh Cut Fruit & Yoghurt	Fresh Cut Fruit & Yoghurt

