

PRE PREP MENU - WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Baked Ham & Cheese Macaroni	BBQ Sausages	Pasta Bar With sauce selection Cheddar & Thyme	Classic Honey Roast Gammon Sage & onion stuffing Gravy Roast	Fish Fingers Fishless Fingers
MEAT FREE		Macaroni Cheese	BBQ Quorn Sausages	Roasted Tomato, Garlic & Tarragon	Cauliflower Cheese
ON THE SIDE	Crusty Bread & Roasted Vegetables	Mashed Potatoes Sweetcorn & Mixed peppers	Pasta Garlic Bread Grated Cheese Mixed Salad	Skin On Roast Potato Broccoli	Chips Garden peas Baked beans
DESSERT Whole Fruits Available Every Day		Apple Sponge & Cream	Yoghurt Granola & Honey	Fresh Fruit Salad	Carrot Cake
EVERY DAY	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese or Baked Beans

