




THE MANOR KITCHEN WEEKLY MENU 25th November 24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Sausage & Beans Toast Station and Cereal Fruit Platter	Porridge & Toppings Toast Station, Cereal Fruit Platter	Scrambled Egg & Bacon Toast Station, Cereal, Yoghurt, Fruit Platter	Porridge & Toppings Toast Station & Cereal Fruit Platter	Boiled Eggs & Toast Toast Station, Cereal, Yoghurt, Fruit Platter	Sausage Roll Toast Station, Cereal, Yoghurt, Fruit Platter	BRUNCH Toast Station & Cereal
LUNCH	Minced Beef & Vegetable Hot Pot Or Cauliflower Stew With Mashed Potato Broccoli	Gammon & Mushroom Pasta Bake Or Veggies Bolognese Spaghetti Garlic Focaccia Sweet Corn	Singapore Chicken Noodles or Asian Vegetables & Tofu Noodles Prawn Crackers Chinese Honey Glazed Carrots	Fish Thursday Choice of Battered, Steamed Fish or Battered Halloumi Chips Mushy Peas Homemade Tartare Sauce Curry Sauce	Greek Themed Lunch 	Manor Kitchen Bagel Bar	Manor Kitchen Brunch Menu
SUPPER	Butter Chicken Or Lentil Curry Steamed Rice Chocolate Brownie	Sausage Casserole Or Crushed New Potato Green Beans Glazed Pineapple & Yoghurt	Southern Fried Chicken Burger, Garlic Mayo & Salad Or Korean Butternut Burger With Salad & Spicy Mayo Wedges Slaw Chocolate Chip Cookie Sandwich	Pork Stroganoff Or Mushroom Fricassee Steamed Rice Broccoli Pancakes Topped with Banana & Cream	Selection of Meat & Veggie Pizza & Fries with a Salad Bar Ice Cream Bar	Roast Beef Yorkitto Roasted Baby Potatoes Peas Selection of Dessert Pots	Beef Lasagne Or Cheesy Pasta Mixed Vegetables Dough Balls Bread & Butter Pudding & Custard



ADULTS NEED AROUND 2,000 CALORIES A DAY

DISCLAIMER: We follow best practices in safe food handling to prevent cross-contamination. However, unfortunately, we cannot guarantee our products are 100% free of any specific allergen. Allergens are listed on the matrix and/or menus, which refer to the ingredients we use. We also cannot guarantee an allergen free environment where some of our ingredients from suppliers or products may have been produced in an environment with other allergens. Please double-check with a member of staff. Please note, the terms Vegan/Plant-based do not indicate that a food is free of food allergens.