

## Forres Sandle Manor (Non-Academic) Policy



### EYFS Policy for Safer Eating

<b>Policy Title</b>	<b>EYFS Policy for Safer</b>
<b>Policy Lead (Appointment (&amp; Initials))</b>	<b>Head of Pre-Prep</b>
<b>Date of Last Review</b>	<b>January 2025</b>
<b>Date of Next Review</b>	<b>January 2026</b>

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
1.3 keeping Safe	2.1 Respecting each other 2.2 Parents as partners	3.4 The wider context	4.4 Personal, social and emotional development

#### *General Welfare Requirements:*

The provider must take the necessary steps to safeguard and promote the welfare of children.

The pastoral care of our children is central to the aims, ethos and teaching programmes at FSM School and we are committed to developing positive and caring attitudes in our children.

The 2025 reforms to the EYFS Statutory Guidance will feature a new Safer Eating section from September, within Food and Drink Facilities. This policy pre-empts the guidance with the expectations for safer eating in the FSM Nursery and Pre-Prep.

- All staff have up to date Paediatric First Aid (PFA) training which includes what to do in the event of a choking emergency.
- Staff eat facing the children to enable early intervention in the event of choking or allergic reaction.
- Ratios are high to ensure that all children are supervised whilst eating.

- Lower Nursery children eat sitting upright in the Nursery at tables and on chairs. Older Nursery children eat in the dining room along with Reception class children.
- As far as possible, distractions are kept to a minimum.
- Children encouraged to chew food thoroughly and not to drink or talk with their mouths full.
- Prior to starting with us in the Nursery or the Reception class, information regarding dietary requirements, preferences, food allergies and intolerances are obtained. This information is disseminated to all staff including the kitchen staff and is displayed in the kitchen and Nursery, as appropriate.
- For each child a nominated member of staff will ensure that the meal is safe for them to eat.
- In association with parents, carers, caterers and health care workers when required, allergy action plans should be implemented which are updated as required.
- Food should be prepared to prevent choking.
- In the event of a choking incident, parents and carers should be informed and the incident recorded.